# **Resources for clients experiencing interpersonal violence**

# HELP LINES

• Provide telephone support to individuals in the community who are at risk and may be vulnerable.

# 911

Regina Crisis/Suicide Line (24 hrs) 306-525-5333 Regina Child Abuse Line 306-569-2724 Social Services Child Protection Intake Line 306-787-3760

Public Safety Canada – National Office for Victims 1-866-525-0554

**24 Hour Abuse/Sexual Assault Support Line** 1-800-214-7083 **Kids Help Phone** (24 hrs).1-800-668-6868 **Healthline 811** (24 hrs) 8-1-1 **211 Saskatchewan** (24 hrs) 2-1-1

# **SEXUAL VIOLENCE SERVICES**

 Provide direct support for victims of sexual violence. Services that may be offered include: support groups, counselling, public education, accompaniment (to medical and legal appointments) and transportation.

# **RESIDENTIAL TRANSITION HOUSES (RTH) AND ENHANCED RESIDENTIAL SERVICES FACILITIES (ERS)**

- RTH provide 24-hour emergency safe shelter and support for individual women and women with their accompanying children leaving circumstances of violence and abuse.
- ERS facilities provide 24-hour emergency safe shelter and support for individual women and women with their accompanying children who have issues beyond family violence including addictions, mental health concerns and homelessness.

Regina Transition House - 306-569-2292 Isabel Johnson Shelter, Regina - 306-525-2141 Wichihik Iskwewak Safe House (WISH), Regina -306-543-0493 Moose Jaw Transition House - 306-693-6511

Southwest Safe Shelter, Swift Current - 306-778-3692

Saskatoon Interval House - 306-244-0185 YWCA of Saskatoon 306-244-2844

Qu'Appelle Haven Safe Shelter 306-332-6881 Waskoosis Safe Shelter Meadow Lake 306-236-5570 Shelwin House, Yorkton - 306-783-7233 Project Safe Haven Yorkton 306-782-0676 Prince Albert Safe Shelter for Women Inc. - 306-764-7233 YWCA Prince Albert 306-763-8571 Piwapan Women's Centre, La Ronge - 306-425-3900; Crisis line: 306-425-4090 Battlefords Interval House - 306-445-2742 Lloydminster Interval Home - 780-875-0966 North East Women's Shelter, Melfort - 306-752-9455

# FAMILY VIOLENCE OUTREACH

 Provide assistance which may include counselling, safety planning, group programming and public awareness, to women, men, and families living in violent or potentially violent circumstances.

Family Service Regina 306-757-6675	La Ronge Native Women's Council Inc. 306-425-
The Moose Jaw Women's Transition Association	3910
306-693-6511	North East Crisis Outreach & Support Services
Envision Counselling and Support Centre Estevan	306-752-9464; Toll-free crisis line: 1-800-611-
306-637-4004 Toll free 24 hour abuse/sexual	6349
assault line: 1-800-214-7083 Weyburn, SK 306-	Hudson Bay Family & Support Centre 306-865-
842-8821	3064
Yorkton Women in Need 306-783-7233	Catholic Family Services of the Battlefords 306-
Family Service Saskatoon 306-244-0127; 24-hour	445-6960
support line: 1-888-338-0880	North West Friendship Centre 306-236-3766
West Central Crisis and Family Support Centre,	PARTNERS Family Services, Humboldt 306-682-
Kindersley 306-463-6655; 24-hour support line:	4135
306-933-6200	TFHQ Safe Shelter - Qu'Appelle Haven of Hope
	306-332-6881

### POLICE-BASED VICTIM SERVICES

 Provide information, support, advocacy and referral immediately following a crime and throughout the criminal justice process to minimize revictimization through involvement in the criminal justice system.

Battlefords Victim Services 306-446-1550 Gateway Regional Victim Services 306-765-5574 Midwest Victim Services 780-874-5022 Moose Jaw Victim Services 306-694-7624 North Sask Victim Services:

- Beauval 306-288-6406
- Black Lake/Stony Rapids 306-439-2090
- Buffalo Narrows 306-235-4910
- Canoe Lake 306-829-5673
- Creighton 306-688-8201
- Fond du Lac 306-686-2060
- Ile a la Crosse 306-833-6309
- La Loche 306-822-1888
- La Ronge 306-425-4378
- Montreal Lake 306-663-4425
- Pelican Narrows 306-632-3308

#### North Sask Victim Services continued:

- Pinehouse 306-884-2406
- Sandy Bay 306-754-4606
- Southend 306-758-5676
- Wollaston 306-633-1206

Northeast Regional Victim Service 306-878-3819 Parkland Victims Services 306-786-4510 Prince Albert Victim Services 306-953-4357 Regina Region Victim Services 306-781-5065 Regina Victim Services 306-777-8660 Sask Central Victim Services 306-385-2683 Saskatoon Victim Services 306-975-8400 Southeast Regional Victim Services 306-842-4797

South West Victim Services 306-778-4898

## VICTIMS COMPENSATION

If you choose to report to the police, you may be eligible for Victims Compensation through Victims Services (< <u>https://www.saskatchewan.ca/residents/justice-crime-and-the-law/victims-of-crime-and-abuse/compensation-for-victims-of-crime</u>>).

You may receive compensation for loss of income, counselling, ambulance costs, medical or dental bills, or damage to or loss of clothing.

In the case of sexual assault, you are eligible to apply within two years from the date the offence was reported to the police.

For more information, you can contact the Victim Services program in your jurisdiction (listed above).